# Women's Club at UCF, Inc NEWSLETTER

FALL ISSUE 2018

#### From Our President

I am honored to serve my second term as President for the Women's Club at UCF. During this year, there will be many opportunities for you to participate in fun and interesting activities through our interest groups, as well as provide service to our UCF community.

Our club motto "Moving Forward by Giving Back" will continue to be our guiding theme for the upcoming year. Take a look at all the activities offered by viewing this newsletter and our website. In addition to participating in many social events, our members have contributed to helping the community through service projects and funding of our undergraduate and graduate scholarships. Thank you for donating many food items for the Knights Pantry and raising \$400 for our scholarship funds through our basket give-away at the fall luncheon. This year, we will continue our scholarship fundraising with our "Non-event Event" fundraiser. Take a look in your mail for our contribution letter and reply to help us reach our goals. Through your generous giving over the years, we have been able to help students obtain an education at a stellar university. Thank you again!

We look forward to another great year. Charge On!



President Teresa Riedel

#### **Important Dates**

#### **Non-Event**

Invitations for support are in the mail RSVP ASAP!

#### **Holiday Coffee**

The Burnett House December 3rd 10 a.m.to 12 p.m.

#### **Cookie Exchange**

December 13, 2018 6 to 8 p.m.

#### Spring Luncheon and Business Meeting

April 29, 2019

Visit our website for more information

https:womensclub.cos. ucf.edu/

#### **FALL LUNCHEON AND MEETING**

Dr. Elizabeth A. Klonoff, Vice President for Research and Dean of the College of Graduate Studies at UCF, was the guest speaker at our Fall Luncheon Meeting. Dr. Klonoff comes to UCF from a joint appointment with San Diego State University and the University of California, San Diego, where she served as the co-director of the joint doctoral program in clinical psychology.

In her new position, she will be charged with advancing UCF's reputation and impact as a 21st-century metropolitan research university by growing graduate enrollment, specifically for research-focused degrees, and elevating the scale and quality of its research.



Dr. Jennifer Parham, Assistant Dean of the College of Graduate Studies at UCF, introduced the WCUCF Sheila B. Somerville Endowment Graduate Scholarship







# First Ladies Endowed Scholarship Funds Goal S200,000 (GOAL) S186,567.79 (Current) S186,567.79 (Current)

#### **Thank You:**

ABC Liquor
Lucky's Market

For your contribution to our gift baskets

Thank You: Tuscawilla C.C.

For providing the beautiful event venue

#### FALL LUNCHEON AND MEETING Cont'd













The WCUCF is 150+ members strong and 22 new members joined this year!

#### FALL LUNCHEON AND MEETING Cont'd





#### KUDOS...

# Thank you Keri Jenson. Designs for announcements for Save the Date, luncheon invitations, and agenda were lovely!







**Photos courtesy of Margie Sloane** 

### THE SHEILA B. SOMERVILLE ENDOWMENT GRADUATE SCHOLARSHIP RECPIENTS

I am originally from Miami and earned my undergraduate degree in Business and English from the University of Miami. I continued to pursue my academic career and moved to Nevada for graduate school, earning my MBA and MS in Hotel Administration from the University of Nevada in Las Vegas.

After graduation, I was chosen for the Management Training program with Hyatt Hotels. Since then, I have worked in hotels for more than ten years, with companies like Hyatt, Hilton, Waldorf Astoria, and Four Seasons, all across the country -- Miami, Las Vegas, San Francisco, Chicago, Hawaii, and here in Orlando. I have experience in front office, house-keeping, reservations, and banquets.

I am currently in my second year of completing my PhD in Hospitality Management. My research concentration is in service failures and recovery in hotels. I hope to blend what I've learned with what I have yet to discover.



Karima Lanfranco



Kiana Terrell

I am honored to be one of two recipients of the Sheila B. Endowment Graduate Scholarship award.

After Graduating with my Bachelor's degree in Health

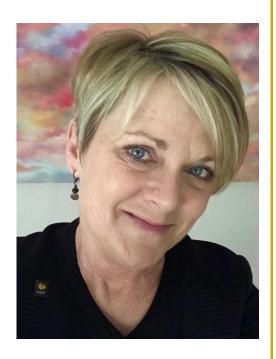
Administration in 2016 I decided that it was imperative to get my Master's degree to achieve my professional goals. While obtaining my Master of Health Administration degree at UCF, I am also the President of Graduate Student Association and heavily involved in professional development clubs in and around Orlando. I am passionate about leadership and mentorship to be able to positively impact other women's lives.

A quote that has been my mantra for the last 3 years: "If you want to go fast, go alone. If you want to go far, go together."-African Proverb

<sup>\*\*\*</sup> Our three Undergraduate Scholarship Recipients will be highlighted in our next newsletter. \*\*\*

# Welcoming In a New Era: Meet UCF's First Partner, Mary Whittaker

Of course, many of you already know Mary Whittaker as a member of WCUCF, and as most of you are well aware, UCF welcomed its' fifth president, Dr. Dale Whittaker, on July 1st of this year. In spite of her busy schedule, Mary generously agreed to answer a few questions about her background, her family, her interests, and her inspirational vision of inclusion and sustainability at UCF.



"I grew up on the Texas Gulf Coast in Lake Jackson where my parents still live. My twin sister and her family also live in Texas just north of Houston. We grew up going to the beach and being prepared during hurricane season much like Florida families.

I attended Texas A&M University as an undergraduate where I majored in Education Curriculum and Instruction while specializing in Learning Disabilities. Later I earned an MS in Education/Special Education at Purdue University. Dale and I met as undergraduates at TAMU and married while graduate students at Purdue. We have two adult children and both are currently pursuing graduate degrees after working for a few years. We enjoy watching them follow their passions to make society and the world better. They inspire us and we are encouraged by the commitment of their generation.

Before moving to Orlando in 2014 when Dale joined the administration at UCF, we lived in College Station, Texas and West Lafayette, Indiana. The year we arrived in Orlando I attended the fall luncheon of the Women's Club at UCF and joined the hiking group. I have enjoyed the variety of hikes the group organizes and have gone back to hike several of the trails when family and friends visit.

#### Mary Whittaker Cont'd

Dale and I found the Black Bear Wilderness Trail a favorite while training for our Coast to Coast hike we did this past May in Northern England.

Besides hiking, Dale and I enjoy kayaking. We usually take our kayaks to Lake Superior in the summer and camp or stay in a cabin. I also love quilting and the inspiration and kinship of friends I've made through workshops and guilds. For me, I value the friendships of the Women's Club at UCF members and look forward to learning and sharing interests with you. Go Knights! Charge On!"

I believe in Liberty for all men: the space to stretch their arms and their souls, the right to breathe and the right to vote, the freedom to choose their friends, enjoy the sunshine, and ride on the railroads; thinking, dreaming, working as they will in a kingdom of beauty and love. W. E. B. Du Bois

#### **GET READY...COMING IN DECEMBER**

\*\* HOLIDAY COFFEE

\*\* ANNUAL COOKIE EXCHANGE

Remember the COOKIES!



#### WCUCF NEWEST MEMBERS

#### **Welcome New Members**

**Carol Darling** is originally from Colorado and she married a Texan. She is celebrating her 40<sup>th</sup> Wedding Anniversary this month! She has two grown children and three grandchildren. Carol enjoys reading bedtime stories to her grandchildren over the phone 3 times a week! Carol is currently in the Daytime Book Club, and she also volunteers a lot at her church.

**Allison Ramsey** is originally from Plains, Georgia. She is married and has a son and daughter. They are huge UCF fans. They even built a bonus room on their home that is painted black and gold, and as Allison puts it, they have a ton of UCF memorabilia. They attend all the football and basketball games at UCF.

**Mary Lubaroff** is originally from Iowa. She is married, and her husband is Director of Bands at UCF. She directs the orchestra at Howard Middle School. They have two grown children. She is interested in joining the Book Club Group and a Gourmet Group.

**Marianne Self** is a Florida Native. She is a very busy woman with four boys, three are in high school and one is in college. She also works as a Home Health Aide. Her husband works at UCF. She is already involved with the Hiking Group.

**Susan Williams** is from Franklin, N.H. She is #7 of 8 children! She spends time with them every year for a mini family reunion. She has two adult children, is married and has a beautiful dog named Fenway. She has been a realtor for 15 years and is an active member at Carillon University United Methodist Church. She is open to trying most of the activities in our club.

**Nadia Mubarek** moved here from Los Angeles and is a Criminal Justice student. She has a minor in art minor and loves teaching art to people in jail and finds it helps them with direction for their future. Nadia also teaches at the Creative School three days a week and works for a professor doing research. She helps out at the Student Pantry every week.

**Elizabeth Hughes** is originally from South Carolina. She is married and has two grown children and 2 grandchildren. She works for UCF Global. Elizabeth loves to sew, cook and gardens. She is very interested in the Gourmet Group.

**Kate Martin** is from Sarasota. She has her own consulting company and works with non-profits. Her husband is the Director of Facilities, Planning and Construction at UCF. They have twin girls, who play volleyball. Therefore, she spends a lot of time at those games and practice. She would like to get involved in the hiking, reading and movies groups.

#### WCUCF NEWEST MEMBERS (Cont'd)

**Cindy Decker** is originally from Pennsylvania, but she has been in Florida for over 30 years. She has also been teaching for 30 years! She has always been an elementary school teacher. She has a son who is currently in college. She loves the beach and listening to jazz and blues bands. She looks forward to exploring new places with our groups.

**Kathy Esselstein** is originally from Kettering, Ohio. She met her husband through her girlfriend. Kathy is retired from Abbott Labs. Her husband is also retired. They have two grown children and a wonderful dog named Snowball. She loves to travel and is looking forward to meeting new people in the various clubs.

**Lisa Ingari** is from Missouri and Louisiana. She has lived in Oviedo for the last 24 years. She and her husband have 3 grown children and one very new grandbaby. Lisa has had a variety of jobs, including working in UCF's Undergrad Department. She is a volunteer for Meals on Wheels and delivers meals all over Chuluota. She enjoys playing tennis, gardening, making crafts, birdwatching and watching movies.

**Linda Pinto** and her husband were relocated to Florida from New Jersey about two years ago. They have two sons, and they are both away in college. Linda is a private tutor and has taught Middle School Math and Science for over 30 years. Lisa was told about our club through Sue Chapman. She has an interest in going to jazz clubs; and she has already joined the Rummikub group and plans to join a few more.

**Loretta Kowalski** is originally from N.J., but she has been in the Orlando area for over 40 years. Loretta received both of her degrees from UCF. She just moved to Oviedo and loves her new location. She loves traveling, reading and is very interested in fitness. Loretta became aware of the club through Kathy Weise. She has a wonderful rescue cat named Millie June.

**Erin Heston** is a Florida Native; her husband Grant is Chief of Staff at UCF for the President's Office. They live in Maitland with their two children, Brock and Molly, and have a chocolate labradoodle named Kea. Erin volunteers at her children's school and works part time at Disney World in the Communications Department. She has joined the Hiking Group, Book Club, Culture and Wellness, and hopefully Arts and Antiques Group.

**Melanie Lee** was introduced to the group by Judy Simonet. She is originally from Texas and is a retired teacher. She has 2 grown children and 2 grandchildren. Melanie enjoys doing any kind of needlework, traveling and spending time with her family. She will be heading up the Bridge Group.

Please take a moment to welcome these wonderful women if you see any of them in your various groups. Have fun ladies and let's have another marvelous year.

# THANK YOU TO OUR ENERGETIC AND COMMITTED INTEREST GROUP LEADERS!



On June 5, 2018 the Interest Group Leaders and our Executive Board toasted the successful activities of the 2017-2018 year.

The gathering was an opportunity for our interest group leaders to enjoy each other's company, reflect on successful activities, and share a fun evening. It was a relaxing evening with conversation and friendship hosted in appreciation for their leadership and commitment.

Thank you to our leaders for making the Women's Club of UCF such a success.

We all look forward to another great year in 2018-2019.

## CULTURAL ARTS AND WELLNESS

The Cultural Arts and Wellness Group enjoyed a variety of events this year. In January, we were given a tour at the Cornell Fine Arts Museum on Rollins campus where we saw exhibition Towards Impressionism. These beautiful paintings were loaned from the Beaux Arts Museum in Reims, France and were on exhibit for the first time in the US. After the tour, we met at ARMANDO'S for lunch.

Chip Roberts gave us a very informative talk about the growth of the UCF Medical School, since its opening in 2006. We toured the expanding UCF Medical School campus and enjoyed a great lunch at CHROME in Lake Nona.

At the Greenwood Cemetery, Don Price provided us with the interesting history of the cemetery and told us many fascinating stories of the well-known Central Florida residents, who are buried there.

#### ARMCHAIR TRAVELERS

To initiate the 2018-19 tour season, the first program guides were Erica LaBerge and Mila Vodopyanov who presented their separate trips to Cuba.

Erica's stay in a Cuban B&B provided her with a perspective that most tourists would not normally experience. Her interaction with her hosts has resulted in a lasting friendship and a connection that continues to this day.



As a native of the Soviet Union, Mila provided a unique perspective as one who had only known of the Cuban revolution as portrayed by her government during that era. Her visit to Cuba allowed her to contrast that with what she could observe and judge for herself. In doing so, she encountered beautiful art and architecture from the past and experienced the artistic creativity that still permeates the culture.

Sigi and Rudy Stockhammer's home was the setting for the first trip. Between the Mojitos and the samplings of Cuban cuisine that they along with their co-hostess Melanie Lee provided, a great time was had by all! Many more enlightening departures await the travelers this season.



#### **BOOKWORKS (DAY)**

Daytime Bookworms has had a wonderful start to our new season. Thus far, we have covered two of our eight selections. *A Gentleman from Moscow* by Armor Towles was a holdover from last year because of Hurricane Irma. It was a book no one wanted to leave undiscussed because of a little weather.

Once or twice during the year we try to do a little something different in covering our selections. The second meeting was very special in that we had the pleasure of hosting the author of *Beneath White Stars: Holocaust Profiles in Poetry*, Holly Mandelkern, who shared with us how she came to author the book, read chosen selections of poetry from the book and talked about the people who inspired the poetry. Her presentation brought to life the history with which we are very familiar. Below is a picture of Holly with our group.

We are looking forward to another enlightening year with each other. Daytime Bookworms is a great group of women who share with each other their love and knowledge of literature, be it fiction or nonfiction.



In the words of Walter Cronkite, "History must share with reading, writing and arithmetic first rank as the most important subjects in the curriculum. Understanding the issues on which citizens of a republic are expected to vote is impossible without an understanding of the past."



#### **PAGE TURNERS**

In June the Pageturners reading group read "The Namesake" by Jhumpa Lahiri. Member Jyoti Pande not only hosted, but wore traditional garb and made snacks mentioned in the book to enhance our experience.

Her descriptions of her own life experiences were fascinating and made this one or our best discussions ever!

Our Page Turners book club meets on the third Wednesday of each month at each others' homes. Discussions are often intense and always enthusiastic!





#### **GOLF**

Our ladies enjoy their Thursday morning playing 9 holes of golf.

We meet every Thursday at 10:00 am at various local courses, weather permitting.

If you are interested in joining us, please contact Darlene Bouley, <a href="mailto:dbouley5@gmail.com">dbouley5@gmail.com</a>

#### **GREAT DECISIONS**



Our Great Decisions Interest Group meets every third Monday of each month at 1:00 p.m.

#### INTERNATIONAL FRIENDSHIP



We visited the Spice & Tea Exchange on Friday, October 19<sup>th</sup>.

Linda & Bill Files, the owners of the Spice & Tea Exchange, presented a program about the history and benefits of tea.

Afterwards, we enjoyed lunch at Orchid Thai Restaurant, next door.

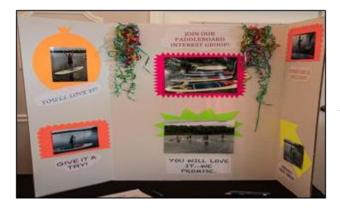
#### **NEEDLEWORK**

The Needlework Group celebrated an end-of-year luncheon that Bette Boston hosted last June.

Standing behind couch – Bette Boston, Judy Dziuban, Sarah Magann, Donna Albert.

Seated on couch – Pat Peppler, MaryAnn Lynn, and Darlene Bouley.





# STAND UP PADDLEBOARD

New Interest Group Leader, Danette Arcara, has taken over the oars. Stay tuned for more details if you are a part of this interest group.

#### **Spectator Sports Fans**

UCF Spectator Sports, in conjunction with Town and Gown, hosted a volleyball event on October 5, and we enjoyed a visit from Head Coach Todd Daganais, Executive Associate AD Brad Stricklin, and NCAA Faculty Representative Manoj Chopra as they shared stories about the success of the team on and off the court.

We are always looking for more fans to join us! Please contact <a href="Merrell@YourCaringLawFirm.com">Merrell@YourCaringLawFirm.com</a> if you would like to receive invitations to our events!



#### WOMEN'S CLUB SPECTATOR SPORTS FANS

#### **UPCOMING EVENTS**



UCF VOLLEYBALL VS. TULSA THE VENUE AT UCF OCTOBER 5,6 P.M.

UCF WOMEN'S ROWING METRO CUP KRAFT AZALEA GARDENS MARCH 2, 2019, 7 A.M.



#### PREVIOUSLY ATTENDED, 2019 DATES TBA



UCF FOOTBALL: LADIES KNIGHT OUT JULY

UCF WOMEN'S SOCCER AUGUST-OCTOBER



UCF WOMEN'S BASKETBALL NOVEMBER-MARCH

UCF BASEBALL FEBRUARY-MAY

What would you like to attend?

#### TAKE A HIKE



Our new season started on Friday October 12 with a detailed informative trip to the Econ River Wilderness Area. We learned much about our local environment and enjoyed hiking together. See you on the trail!



#### **THEATRE**



The theater group went to a matinee of "In the Heights" at the Orlando Shakespeare Theatre on September 26. An outstanding performance!

Afterwards, members met for dinner at Santiago's Bodega to discuss this riveting musical.



### BREAST CANCER AWARENESS MONTH

# BRIGHTEN SOMEONE'S DAY, SPREAD SUNSHINE

Celebrate hope with each breast cancer survivor.

Charge On and support those battling cancer.

By all means, each of us must schedule regular breast examinations.



Gail Dressel
is our Sunshine Coordinator.
If you know of a member that needs
some encouragement, sympathy, or
just some sunshine from our club,
please email Gail

at gaildressel @att .net

#### **INTEREST GROUPS**

Arm Chair	Bridge (NEW!	Gourmet	Monday Walkers	Stand Up Paddle Boarding
Travelers	aka Shufflers)	<b>Great Decisions</b>	Needlework	Take a Hike
Book Groups:	Campus Break	International	Rummikub	Tech Curious
Bookworms(Day)	Chick Flicks	Friendship	(NEW!)	
Bookworms	Cultural Arts &	International	Spectator Sports	Theatre
(Evening)	Wellness	Dining	Fans	Winetasting
Pageturners	Golf	Mah Jongg I, II	Theatre	

#### HAVE SOMETHING TO SHARE IN THE NEXT NEWSLETTER?

Our next newsletter will be published early 2019.

If you have news or suggestions, please let me know at Ruthie.Rieder@Gmail.com.