

# Women's Club at UCF, Inc

## NEWSLETTER

Spring issue 2019

### *From Our President*

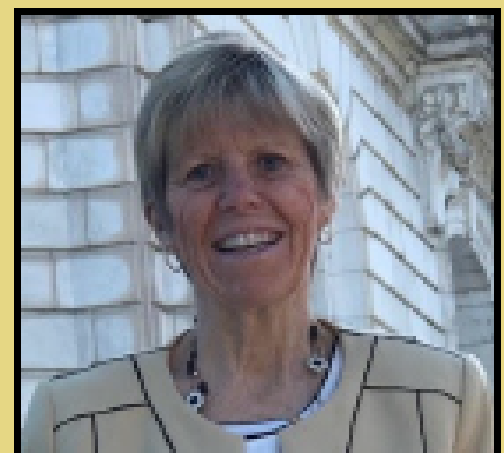
As I begin my term as president, let me say thank you for placing trust in me. Thank you for giving me the opportunity to work with you, a terrific group of wise, funny, interesting, curious women. As a recent transplant to Florida, I found myself in a new, very different environment 1,800 miles from northwestern Minnesota, the only state I have known as home. The Women's Club at UCF has given me a new family. It provides me with a means of getting to know my new home in central Florida as well as the university. By taking a hike with Mila's group, or visiting a museum with Janice's group or touring the new Medical School at Lake Nona, or joining Merrell's fanatics at a women's basketball game or taking my grandsons to watch UCF baseball, I met and gained friends who have two things in common. First, the WC members are loyal to the university. In looking at our membership, I discovered that many members are alumni of UCF (or FTU) or married to UCF grads; are or have been on the Administration, Faculty, or Staff of UCF; or are parents of UCF students and graduates. Some members simply support the University because it represents Orlando's "hometown team." Our organization supports students every year by awarding scholarships to both graduate students as well as undergrads. The Women's Club loves UCF!

Second, WC members are loyal, helpful, compassionate, and take care of each other. They really are friends. This club has so many opportunities to enjoy learning and laughing together through the interest groups. This is the essence of the organization. Group leaders plan great activities that bring us together in vibrant settings for discussion, exploration, and education. Through support for UCF and sustaining their bonds of friendship, the members are able to promote the ideals of this university throughout the community.

Finally, as I look to the coming year, I want to continue the goals of the club in giving back to UCF through not just financial support but also in service. It is my hope that we find new ways to provide our members with service-based activities that may partner with other organizations to help out students and families that need assistance. I am proud to be a member of the Women's Club at UCF and know that we will continue to grow in friendship and always "CHARGE ON."

Your friend,

Kathy Littlefield



## SPRING LUNCHEON AND MEETING

The Spring Luncheon Meeting was held on April 29 at Tuscawilla Country Club. President Teresa Riedel extended a warm welcome to attendees. She recognized and thanked Roberta Shoopman and Mindy Moore for their planning and preparations to make it a beautiful and successful luncheon.



Dean Jeff Moore, UCF College of Arts and Humanities, presented the program's guest speaker, Dr. Stella Sung, Director, UCF Center for Research and Education in Arts, Technology, and Entertainment (CREATE) and Pegasus Professor. CREATE is a community-facing unit working with students in Parramore.

An outstanding, interactive program was presented by Dr. Sung entitled "Integrating Technology with Concert Music." She explained how she merges creativity and technology and shared some videos of several operas she has developed utilizing completely digital sets, such as "The Red Silk Thread Opera" and "The Book Collector". She engaged the audience by inviting us to play music on our phones from downloads of Oceana Sounds and Music. Dr. Sung also presented video to illustrate Marine and Ocean Conservancy and bring attention to the significant effect noise pollution has on ocean life.

"There are painters who transform the sun to a yellow spot, but there are others who with the help of their art and their intelligence, transform a yellow spot into sun"  
— Pablo Picasso

Teresa Riedel introduced Dr. Keisha Hoerrner, UCF Professor of Mass Communication, Associate Vice Provost for Curriculum and Academic Success.

Dr. Hoerrner introduced our undergraduate scholarship winners: Alyssa Marchione and Ariel Van Winkle.





## SPRING LUNCHEON AND MEETING Cont'd



Kathy Weise, Immediate Past President, recognized and thanked Teresa Riedel for her outstanding leadership as president during the past two years. Thank you Kathy W. and the entire board for your service! Kathy also presented the slate of new officers for the 2019-2020. The election of new board officers was completed.

### **NEW OFFICERS for 2019-2020:**

President: Kathy Littlefield

Vice President:

Linda Hennig

Treasurer: Sue Chapman

Secretary:

Karen Manglardi

**NEW BOARD FOR 2019-2020:** In addition to Executive Board Members/Officers, standing committee members include:

Teresa Riedel – Immediate Past President

Maggie LeClair – Scholarship Chair

Kathleen Hagerty – UCF Foundation Liaison

Karen Gisel – Parliamentarian

Judy Simonet – Interest Group Chair

Zalpha Hashem – Website Chair

Ruthie Rieder – Newsletter Chair

Gail Dressel – Sunshine

Mindy Moore & Roberta Shoopman – Program Co-Chairs



**Thank you Teresa for your leadership and great work for our club.**



## SPRING LUNCHEON AND MEETING Cont'd



Let the wild rumpus  
begin!  
Maurice Sendak





## SPRING LUNCHEON AND MEETING Cont'd

Thank You.....

Great Friends

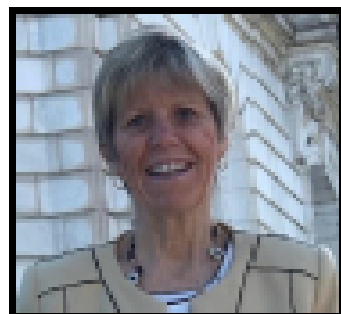
Great Time

Great Scholarship Fundraiser

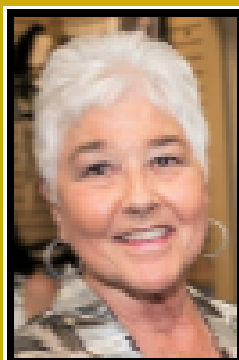


## Meet Your 2019-2020 Board Officers

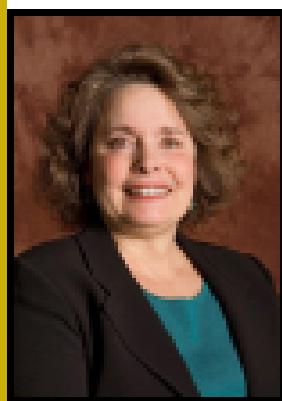
**Kathy Littlefield—President.** Kathy taught for over 40 years in high schools in Minnesota and North Dakota. Her favorite courses include World History, AP Psychology, and Geography. Kathy grew up and spent a large amount of time “at the lake,” swimming, boating, skiing, and biking. She has been married for 45 years to Robert Littlefield, the Director of the Nicholson School of Communication and Media at UCF. They have a daughter, son-in-law, and two grandsons in Texas and a son in New York. Kathy’s participation in the Interest Groups include the hiking group, Culture & Arts, sports fanatics following UCF volleyball, basketball, and a little baseball as well.



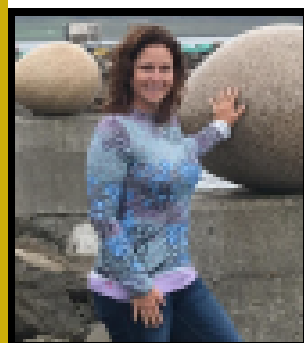
**Linda Hennig—Vice President.** Linda retired from the UCF College of Nursing in 2016 where she served for 27 years as teaching faculty and Associate Dean. Prior to that she held positions in nursing practice, education and administration in many different states. She joined the Women’s Club at UCF several years ago following participation in the fundraising event “Stepping Out for Scholarships” and served as Secretary of the organization from 2017-2019. Her passions are travel, especially cruising, and ballroom dancing.



**Sue Chapman —Treasurer.** Originally from the Boston area, Sue retired to Orlando in 2016 with her husband Ron Berti after a 40 year career in client services in the software industry specializing in eCommerce merchandising. She has been with the Women’s Club since September of 2017 and is the current Treasurer continuing with her two year position. Sue chairs four interest groups - Tech Curious, Wine Tasting, Rummikub, and International Gourmet. If you are interested in joining one of these, please contact her at [chapmansue@yahoo.com](mailto:chapmansue@yahoo.com).



**Karen Manglardi—Secretary.** As a Florida native and long-time Orlando resident, I grew up with UCF in my backyard. Though I did not attend UCF, my husband Michael and my four children did. Mike and I are involved with the Foundation, football and basketball season ticket holders, and the Parent and Family Philanthropy. I first heard about the Women’s Club at the annual Tables Extraordinaire for the Greek Orthodox Church when the club sponsored a table. I knew that this was exactly the kind of club I wanted to join. From the special interest groups, lunch meetings, and the wonderful scholarships the club provides, it is all so much fun! The members are welcoming and encouraging. I want to do whatever I can to help the club thrive, grow, and make an impact for UCF. Go Knights! Charge On!





## WCUCF FRIENDSHIP SOCIAL

### TAPAS, DRINKS, FRIENDS!

March 27, 2019 marked our first WCUCF Friendship Social Event. It was an evening of friendship, hors d'oeuvres, and drinks enjoyed by our members at DelaVega restaurant in Oviedo. This was our first Friendship Social, and by popular feedback another social will be planned for the fall (likely Oct.). Thanks to all the members who participated and made this a fun evening!



"There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age."

– Sophia Loren



## INTEREST GROUPS HIGHLIGHTS

### BOOKWORMS (DAY)



Another year behind us, it goes so fast. We lost our beloved Ali and will miss her greatly. She attended almost every meeting, sharing her wisdom, insight, and asking thought provoking questions to encourage our growth as well as hers.

In our discussion about *OUT TO PASTURE (BUT NOT OVER the HILL)* by Effie Leland Weilder, Ali shared some of her thoughts that led to some of us making life changing decisions. Her calm and gentle presentation always had our attention.

Spring brought us to the old and the new, not only in literature, but in science. We read about our DNA, Clementine Churchill and Uncle Tom. Now, we are readying for our selections for next year. The choices will come from a wide variety of genres to be sure. It is too early to know.



### *In Loving Memory and Honor of our Friends*



*Mary Ann Cottrell*

*Ali Armstrong*





## INTEREST GROUPS HIGHLIGHTS

### ARMCHAIR TRAVELERS

To wrap up the travel season the Armchair Travelers held their programs at Legacy Pointe's Information Center. In Legacy's comfortable setting, Beth Barnes and Dell Shadgett presented their trip to South Africa. The two hunters spotted most of the "Big Five" on their safari in a private reserve. They also enjoyed time spent exploring Cape Town.



Karyn Plater and Sarah Magann helped with refreshments. It was a wild evening...and that's no... LION!

In May the Armchair T's traveled across the Iberian Peninsula and experienced the sights of Spain and Portugal. Carol and Gene Pickler shared their own "flexible" itinerary, developed with a little help from Rick Steves, which took them from the mountains of Montserrat to the coast of the Algarve region. Wendy Jamison and Ranetta Guinn helped serve light tapas and sangria. It was "una experiencia agradable por todos."



## INTEREST GROUPS HIGHLIGHTS Cont'd

### TAKE A HIKE!

Our Hiking Group has been busy exploring and celebrating nature. Enjoy some of our memories!



Mother Nature at its best



## INTEREST GROUPS HIGHLIGHTS Cont'd

### CULTURAL ARTS AND WELLNESS

The Cultural Arts and Wellness Group enjoyed three interesting events this year.

One event included a tour of the Orange County Utility facility where we learned about the Waterwise program and we received several items for conserving water in and around our homes.



*Thank You Janice For  
Your Many Years of  
Leadership for this Great  
Interest Group*

Our second event included a visit to the Orlando Museum of Art, where the works of Louis Dewis (a Belgian Post-Impressionist) were exhibited. His beautiful paintings were shown for the first time here in Orlando. Docent, Christine Fullerton told us about his life as an artist and how his painting style changed over the years.



During our visit to the Maitland Art Center, we were told much about the life and paintings of Jane Turner. She discussed her art work and her ties<sup>11</sup> to Eatonville. Her talk was both interesting and most entertaining.



## INTEREST GROUPS HIGHLIGHTS Cont'd

### INTERNATIONAL FRIENDSHIP

In April our Japanese affair at Yuki Hana Restaurant with a delightful lunch and a beautiful presentation by Ryoko Bates about Japanese flower arrangements was well attended.



On May 22 our last adventure for this academic year was a cruise on the Rivership Romance on the St. John's river. The three hour tour included a nice lunch, music, and lovely river scenery.

"Imagination is everything. It is the preview of life's coming attractions."  
— Albert Einstein



*Thank You Teresita and  
Sigi For Ten Years of  
Leadership for this Great  
Interest Group*



## INTEREST GROUPS HIGHLIGHTS Cont'd

### PAGE TURNERS



PageTurners meet on the third Wednesday of each month at each other's homes. Ours is a small group, with a capacity of twenty members. We recently met at the summer home of Donna Emerson, an idyllic location to relax and discuss our latest reads.



"It had been startling and disappointing to me to find out that story books had been written by people, that books were not natural wonders, coming up of themselves like grass. Yet regardless of where they come from, I cannot remember a time when I was not in love with them -- with the books themselves, cover and binding and the paper they were printed on, with their smell and their weight and with their possession in my arms, captured and carried off to myself. Still illiterate, I was ready for them, committed to all the reading I could give them ..."

— Eudora Welty



## INTEREST GROUPS HIGHLIGHTS Cont'd

### NEEDLEWORK

Our Needlework Group recently had the pleasure of visiting member Karen Plater's lovely Winter Park home. Karen, as some of you may know, is an expert in the art of Japanese Silk Embroidery. Her home shows like an art gallery with her many beautiful pieces on display. Karen provided an account of her journey into learning the stitching techniques.

She explained the philosophy behind the stitching and included a demonstration. It was a wonderful morning, and provided a fitting grand finale for our year together.



"There is a vitality, a life force, an energy, a quickening that is translated through you into action, and because there is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and will be lost."

— Martha Graham



## INTEREST GROUPS HIGHLIGHTS Cont'd

### THEATER

The Theater Group has enjoyed many theater activities this year, including plays scheduled at UCF, local high schools, local theaters to see plays live-streamed from London and New York, and of course professional productions featured at our many community theaters. These photos highlight our trip to Deland to have lunch at DeLaVega, located in downtown Deland within walking distance of the theater, before attending a play at the historical Athens Theatre.

Next outing is to the Winter Garden Theater to see "Billy Elliott"!



## MEMBERSHIP RENEWAL TIME!

Time to renew your annual membership to the Women's Club at UCF.

- *2019-2010 Annual Membership Renewal Dues: \$35.00*
- *Renewal due now and by July 1, 2019*

### Payment Options:

1) Checks (\$35.00) made payable to Women's Club at UCF, Inc.

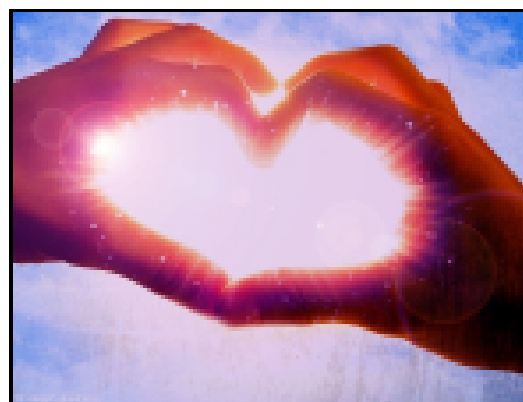
Mail your check to:  
Women's Club at UCF, Inc.  
c/o Sue Chapman, Treasurer  
4443 Saddleworth Circle  
Orlando, FL 32826

Or,

2) On-line on our web site using PAYPAL link (\$36.50 when using PayPal)

<http://womensclub.cos.ucf.edu/>

## SPREAD SUNSHINE (Brighten Someone's Day)



Gail Dressel  
is our Sunshine Coordinator.  
If you know of a member that needs  
some encouragement, sympathy, or  
just some sunshine from our club,  
please email Gail  
at [gaildressel@att.net](mailto:gaildressel@att.net)

## WCUCF INTEREST GROUPS

If you are interested in joining an interest group, please visit our website for information on interest group leaders and how to contact them.

Arm Chair Travelers	Bookworms (Day)	Bookworms (Evening)	Pageturners	Shufflers (NEW! Aka Bridge)
Chick Flicks	Campus Break	Cultural Arts & Wellness	Golf	Gourmet
Great Decisions	International Friendship	International Dining (NEW)	Mah Jong II	Daytime Mah Jong2 (NEW)
Monday Walkers	Needlework	Rummikub (NEW)	Spectator Sports Fans	Stand Up Paddle Boarding
Canasta Rules! (NEW)	Take a Hike	Tech Curious	Theater	WineTasting (NEW)

## HAVE SOMETHING TO SHARE IN THE NEXT NEWSLETTER?!

Our next newsletter will be published in October 2019

If you have news or suggestions, please let me know at [Ruthie.Rieder@Gmail.com](mailto:Ruthie.Rieder@Gmail.com).