

Women's Club at UCF, Inc

Newsletter

Fall 2017

From Our President

I am honored to serve as President for the Women's Club at UCF for the 2017-2018 year. During 2018, this vital and vibrant organization will celebrate 50 years of friendship and service to the UCF community! We are fortunate to have many "original" members from the early years still active in our Club. We also continue to attract new members due to our dynamic and active interest groups.

Our club motto "Moving Forward by Giving Back" will continue to be our guiding theme for the upcoming year. Our Women's Club has always been a friendship-based group that focuses on serving its membership and our community. Our interest groups provide opportunities to move forward with fellowship and participate in fun, stimulating activities. Your continued involvement and contributions through the years have given back to those in need and funded both our undergraduate and graduate scholarships.

As you read our newsletter, you will see that the Women's Club is off to another great start this year. We had an amazing fall luncheon together at the Fairwinds Alumni Center. Displays by our interest groups spurred many members to become involved. Our guest speaker, Coach Katie Abrahamson-Henderson, inspired us with her talk.

Our interest group leaders are coordinating many activities for our enjoyment this year. Additionally, we will celebrate our club's 50th Anniversary Celebration. Please mark your calendar now for March 2nd to join us for this very special evening highlighting and celebrating the gracious women who contributed to developing and establishing traditions for our Women's Club.

We look forward to an awesome year!



Important Dates

Holiday Tea
Burnett House
December 5
2:00-4:00 pm

Cookie Exchange
Jen Rupert's Home
December 12
6:00 pm-8:00 pm

50th Anniversary Celebration
March 2, 2018
Tusawilla Country Club
5:00 pm- 8:00 pm

Visit our website for more information

<http://womensclub.cos.ucf.edu/>

Password for Directory and Interest Group Calendar: pegasus40

FALL BUSINESS MEETING & LUNCHEON

President Teresa Riedel extended a warm welcome to members and guests.

After lunch, UCF Women's Basketball Coach Katie Abrahamson-Henderson (Coach Abe) gave an inspiring presentation on the importance of mentoring women. After 20 years in Division I coaching, Coach Abe came to UCF for the 2016 season. She has recruited a fabulous staff and together with her women's basketball team have set outstanding records. Raised by a strong mother, she remembers her mom's Saturday morning anthem of "I Am Woman Hear Me Roar". She and her staff want to empower and develop young women, not just good b-ball players. She knew she could motivate young women to speak and advocate for themselves by pursuing 3 things:



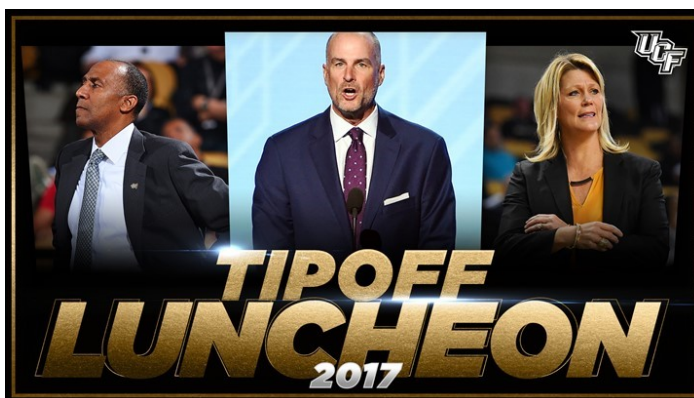
Be a girl with a mind - formulate a plan.

Be a woman with an attitude - learn through the trials and tribulations of life.

Be a woman with class - keep working, persevere, be seasoned by life and know what you want to be next.

"I am woman hear me roar" is about women supporting and mentoring women, and Coach Abe challenged the members of the Women's Club to do just that. She invited us to the games (first home game is against Mercer on November 10th) and to attend the Tipoff Luncheon at UCF on November 3rd.

We are so fortunate to have a dynamic, talented women's basketball coach on our team.



"A good friend is a connection to life - a tie to the past, a road to the future, the key to sanity in a totally insane world." — Lois Wyse

FALL BUSINESS MEETING & LUNCHEON Cont'd



A special thank you...

to the luncheon planning committee
Co-chairpersons, Mindy Moore and
Roberta Shoopman, as well as
committee members,
Lynn Moharam and Kathy Weise.
It was a beautiful event!

"Anything that's human is mentionable,
and anything that is mentionable can be
more manageable. When we can talk
about our feelings, they become less
overwhelming, less upsetting, and less
scary. The people we trust with that im-
portant talk can help us know that we
are not alone."



FALL BUSINESS MEETING & LUNCHEON Cont'd



"It is more fun to talk with someone who doesn't use long, difficult words but rather short, easy words like "What about lunch?"
– A.A. Milne, Winnie-the-Pooh



FALL BUSINESS MEETING & LUNCHEON Cont'd



Move Forward by Giving Back” in 2017-2018!

From an email sent to Knight's Pantry Advancement Team:

I am sure you all have received the email concerning Knights Pantry and how low their inventory was. I wanted to share with you the amount of donations we have received in just one day. Please look at the attachments. Employees from across campus have been pulling up under our porte cochere and dropping off items. The ladies of the Women's Club of UCF participated in bringing in non-perishable items as part of their luncheon this afternoon. Even other students have been bringing in items to support Knights Pantry. If you are able to support our students, I encourage you to do so. All you have to do is pull up front and my staff will come out and take your donations. Any support you can give will be greatly appreciated.

Thank you and GO KNIGHTS!

Louis W. Lubin Jr.
Director, Events, Sales & Operations



“So long as we love we serve; so long as we are loved by others, I would almost say that we are indispensable; and no man is useless while he has a friend.”



NEW MEMBERS

Donna Albert moved here from Greenville, SC two years ago, after spending 30 years in Minnesota. She and her husband have two young adult children. Her background is working with children and youth in a church setting. She is looking forward to hiking and other activities whereby she can see more of our area.

Candace Alcorn retired from Full Sail University in June. She is filling her now free time with UCF's LIFE Program, a new puppy (no more sleeping late), learning watercolor painting, and working with her father's personal trainer.

Danette Arcara graduated in 1988 from UCF's School of Nursing. She loves her work with Orlando Health and says she "never gets tired of pregnant women." She is married and has two daughters, one of whom is a UCF graduate. She loves paddle-boarding.

Denice Breen works as office manager of Breen Financial Management. She is quite active as a Girl Scout troop leader, holds offices with the organization, and recently attended the national meeting as a delegate. She is married and has two school-aged children. She and her husband volunteer with a wellness ministry at their church.

Keisha Hoerrner arrived at UCF about one year ago to serve as Associate Dean in the College of Undergraduate Studies. She, her husband, and two teen-aged children came to our area from Atlanta. She is finding the people at UCF to be "so warm and patient as I learn."

Karen Mack is a retired paralegal. She has two sons and two grandchildren, who are in the area. Her many interests include Mah Jongg, reading, movies, plays, current events, meeting new people, and spending time at a second home in Maine.

Kathy Williams is a residential realtor in our area. She has been married for almost 30 years and has two 20-something children. She enjoys volunteering at her church, IDignity, and other venues as well as everything outdoors, including paddle-boarding and hiking.

INTEREST GROUPS



Arm Chair Travelers
Bookworms (Day)
Campus Break
Cultural Arts & Wellness
Gourmet I, II, III

Art & Antique Lovers
Bookworms (Night)
Chick Flicks
Golf
Great Decisions

International Friendship
Mah Jongg (Day & Night)
Monday Walkers
Needlework
Spectator Sports Fans
SUP Adventures
Take a Hike
Tech Klutz
Theatre



ARMCHAIR TRAVELERS

The Armchair Travelers' interest group, comprised of fun-loving, adventure-seeking, intrepid individuals, meets monthly and journeys to global destinations by way of narrated video programs presented by its members. Destinations include sites that the attendees may have previously visited, hope to visit some day, or simply have an interest in learning more about. The meetings also feature samplings of foods and beverages typical of



the featured locale. The "voyages" are brief enough that no one has time to get homesick or has to worry about missing a connection.

And --- yes, you can drink the water!

Carol Pickler,
Chairperson

INTEREST GROUPS Cont'd

ART & CULTURE

Last March, the Cultural Arts and Wellness group enjoyed a guided tour of the beautiful Borrowed Light Exhibit at the Maitland Art Center.

Five events are planned for the coming year. In late October, we will visit the Orange County Regional History Center...it will be a tour you will not want to miss, so please renew your UCF Women's Club membership.

We look forward to seeing you.

Janice Napolitano, Chairperson



"Friendship is unnecessary, like philosophy, like art.... It has no survival value; rather it is one of those things which give value to survival."

— C.S. Lewis

CAMPUS BREAK

Love working for UCF? So do we! Let's get together for a quick break every other month with fellow members of Women's Club at UCF to network and support each other as working women. Each meeting will feature a topic for group members to share in their experiences and provide resource tips, to help each other be their best!

The next meeting will be held on Wednesday, November 1 from 3-4 p.m. at the Barnes and Noble in the John T. Washington Center. This month's topic will be: "Work/life balance and steps to achieving equilibrium."

Contact Karen Monteleone, Chairperson, at karen.monteleone@ucf.edu to become a member of this group.

"Friendship ... is born at the moment when one person says to another "What! You too? I thought that no one but myself . . ."

— C.S. Lewis

INTEREST GROUPS Cont'd

DAYTIME BOOKWORMS

Daytime Bookworms is looking forward to another year of great reads - fictional and nonfictional. We are hoping to enhance several selections with special guests and/or a special event. We are starting the year with FORTY AUTUMNS by Nina Wilner, a book about living behind the Iron Curtain and then life after its fall. Unfortunately, we will not be able to take a trip to Germany, but do have special guests to share their experiences.

On an exciting note, there are enough members expressing an interest in starting Daytime Bookworms II. There will be an organizational meeting some time in mid October. Please contact Carole Goldsmith if you have an interest in participating in this new Interest Group and were unable to sign up at the Fall Luncheon.

Our members will continue with book donations to the Coalition for the Homeless at First Lady Martha Hitt's Holiday Tea and our end of the year book drive for United Way in June. The availability of books for all ages is so important to the education, pleasure and enjoyment of the recipients. If you would like to clean off your book shelves, please call or email Carole and she will arrange to pick up your donations. No text books, please. There is always a need for PreK/elementary level donations, so don't forget to ask your friends and young relatives for donations.

Happy reading to all! Have a great year participating in your chosen Interest Groups.

Carole Goldsmith, Chairperson

"Good friends, good books, and a sleepy conscience: this is the ideal life."
— Mark Twain

GREAT DECISIONS

Great Decisions is wrapping up its 2017 studies with the last topic, Nuclear Security on October 16. The 2018 year will begin in January when we get our new books. We meet in members' homes 8 times a year, watch the short video from the Foreign Policy



Association on their topic each meeting and discuss our individual research and the topic in general.

We have 14 members for 2017 and 3 more for 2018.

We look forward to a better understanding of international affairs as we head into 2018.

Mary Meeker, Chairperson

INTEREST GROUPS Cont'd

HIKING

It was great to see some of you at the Fall luncheon. I am delighted to tell you that several new members have joined our group, They are Donna Emerson, Denice Breen, Connie Collins, Karetta Lee, Kathy Williams, Anne Taylor, Brenda Kolbrich, Karen Plater and Donna Albert. All are WELCOME!

We will start the new season at the end of October to allow for cleanup of trails after the hurricane Irma. I will send out the announcement about the date and place of our first hike in October.

This year we are planning a very busy hiking schedule: in addition to our Friday hikes, Saturday hikes will be offered to allow our working members as well as our loved ones and friends to join us on the trail. The more the merrier!

It would be great if you can use the remaining time to prepare for walking in comfort, safety, and style: please consider investing in good hiking shoes (believe me, you will find yourself ahead of the pack with no effort on your part) so happy your feet will be! Don't forget sun glasses, sunscreen, bug repellent and a sexy hat! Long sleeve top and long pants are prudent to wear as they protect you from sun and bugs too!

Stay healthy and safe, and see you on the trail,

Mila-Vodopyanov, Chairperson, Hiking Interest Group

"You had to know a person well to make them laugh like that." — Cassandra Clare, Clockwork Prince

NEEDLEWORK

The Needlework work group is looking forward to resuming its monthly meetings in October. We are delighted to welcome three new members.

Mary Whitaker, Pat Peppler, and Donna Albert joined our group at the Fall Luncheon.

Here's to another year of stitching with friends!

Judy Dziuban, Chairperson



INTEREST GROUPS Cont'd

SUP ADVENTURES

Have you ever thought about trying paddle boarding? Well then this is the group for you!

Join us for monthly paddle board outings on a lake in the Orlando area. The cost will include; a board, paddle, life jacket and instruction, plus a whole lot of fun! My love for this sport began four years ago when my husband bought me a board for Mother's Day. I've been getting out on the water with my friends ever since and I can't wait for you to join us! Email me if you would like to be put on our interest group list. Paddle boarding is a lot easier than you think - come give it a try!



Anne Taylor, Chairperson

"You can't stay in your corner of the Forest waiting for others to come to you. You have to go to them sometimes."

— A.A. Milne, Winnie-the-Pooh

SPECTATOR SPORTS

UCF Spectator Sports would like to schedule the following events:

UCF vs. USF Women's Basketball game for 12:00 P.M. Sunday February 18th

UCF Women's Rowing at the Metro Cup on Lake Maitland, Saturday March 3rd. We will meet at the Winter Park Boat Tour ramp 7:00am, and enjoy coffee, bagels and mimosas as we watch the races from the Pontoon boats. *Time may be subject to change pending on the regatta schedule. We will update as soon as we have a schedule of races, usually a week prior.

Merrell Bailey, Chairperson

INTEREST GROUPS Cont'd

THEATRE

Four members of the Theater Group (and one husband!) attended a matinee performance at the Winter Park Playhouse on Sunday, October 1. The group saw “Life Can



Be a Dream,” a musical featuring doo-wop music from the 60’s. Performing to a packed house, the performers sang such songs as “Runaround Sue,” “Tears on My Pillow,” “Unchained Melody” along with the title song and others from that era. The mostly “senior” audience moved and grooved throughout the performance, heads bobbing and mouthing the words to every song.

Patrons left the theater flying high, having temporarily gone back to a time fondly remembered. Everyone agreed that the singers were superb and the song selections poignant, a totally A+ experience! Group members then headed for dinner at Dexter’s, where they received a 20% discount and enjoyed a delicious early dinner.

Anna Habowski, Chairperson

“Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything.”

— Muhammad Ali

HAVE SOMETHING TO SHARE IN THE NEXT NEWSLETTER?!

If you have news or suggestions, please let me know at Ruthie.Rieder@Gmail.com.

Please identify as WC@UCF Newsletter in the “Subject” line.